

SOOD *Sandesh*

सूद सन्देश

SOOD BHAWAN

Sector 44-A, Chandigarh,
Ph.: 0172-2663408, 4678781

Website : www.soodsabhachandigarh.org



SOOD BHAWAN

Sector 10, Panchkula,
Ph.: 0172-2582964, 3511755

Email : soodsabhachandigarh@gmail.com



Contributory Mango Party to strengthen the brotherhood of Sood Community

• Sood Sandesh ₹ 500/-
(Membership for ten years)

• April-June 2024 Vol. 116

• Matrimonial : ₹100/-

Approval of amendments in Constitution of Sood Sabha Chandigarh (Regd.) in General Body Meeting held on 30th June, 2024 at Sood Bhawan Chandigarh.



Glimpses of Contributory Mango Party





Editorial

Kapil Goel
Sachin Sood
Kalika Sood
Munish Sood

April-June 2024

संपादकीय

“देवनहार कोऊ और है भेजते है दिन रैन,
लोग भरम हम पे करे, ताते नीचे नैन।”



मूनीष सूद

धन बहुत लोग कमाते हैं, परंतु जनसेवा, समाज सेवा में उसका कुछ भाग व्यय करने की सद्-बुद्धि ईश्वर कुछ ही लोगों को देते हैं और सूद समाज उन भाग्यशाली लोगों में से है। हमारे समुदाय ने हमेशा सकारात्मक दृष्टिकोण को अपनाया है और अपने गौरवमयी इतिहास, परम्पराओं, संस्कृति और निश्चयात्मक सिद्धांतों को जीवंत रखा है। सूद समाज ने राष्ट्रीय एवं अंतर्राष्ट्रीय स्तर पर अपनी योग्यता, ईमानदारी, मेहनत, श्रेष्ठ आचरण एवं विवेकशीलता से प्रतिष्ठित और वरिष्ठ स्थान पाया है और समाज सेवा को अपना दायित्व समझते हुए जनहित के कल्याणार्थ विभिन्न क्षेत्रों में कर्मठता से कार्य करते हुए अनुभूत आयाम स्थापित किए हैं। सूद सभा, चण्डीगढ़ का मंच सूद बिरादरी को एक साथ संगठित होकर अपनी नैतिक जिम्मेदारियों को समझते हुए जनहित में विभिन्न क्षेत्रों में क्रमशः आर्थिक रूप से अक्षम विद्यार्थियों की शिक्षा, आर्थिक रूप से अक्षम लोगों के चिकित्सा उपचार, निशुल्क शैक्षिक सामग्री के वितरण, निशुल्क नियमित रूप से भंडारा वितरण एवं अन्य प्रकार से जरूरतमंदों को आर्थिक मदद जैसे कल्याणकारी कार्यों में दायित्व निभाने में सार्थक भूमिका अदा करता है।

सूद सभा, चण्डीगढ़ पिछले लगभग 65 वर्षों से सूद बिरादरी के संगठन, चण्डीगढ़ एवं पंचकुला में भवनों के निर्माण, सांस्कृतिक धरोहर को संरक्षित रखते हुए भावी पीढ़ी तक ले जाने, विभिन्न सूद सभाओं को संगठित करने एवं आर्थिक रूप से सक्षम करने, सूद भवनों में जनहित में आध्यात्मिक एवं स्वास्थ्य जागरूकता कार्यक्रम, सूद बिरादरी के भाईचारे की नींव को मजबूत करने के लिए वार्षिक सूद-मिलन दिवस का आयोजन, सूद सभा, चण्डीगढ़ की Website के माध्यम से देश-विदेशों की सूद बिरादरी को सूद सभा, चण्डीगढ़ द्वारा संचालित गतिविधियों के विश्लेषण एवं पूर्ण जानकारी उपलब्ध करवाने, पर्यावरण संरक्षण हेतु नियमित रूप से पौधा-रोपण इत्यादि के कार्यों का निष्ठापूर्वक संचालन कर रही है।

सूद संदेश पत्रिका जिसका प्रकाशन त्रैमासिक किया जाता है एक पारिवारिक पत्रिका है और इसकी वजह से प्रत्येक सूद परिवार अपने आपको बिरादरी से जुड़ा महसूस करता है। एक ऐसा महत्त्वपूर्ण माध्यम है, जिससे सूद सभा, चण्डीगढ़ देश-विदेशों में अपनी सभी कल्याणकारी गतिविधियों को सूद बिरादरी तक नियमित रूप से पहुँचाते हुये बिरादरी को जागरूक व प्रेरित करने के लिए निरंतर प्रयासरत है। सूद बिरादरी में योग्य लड़के-लड़कियों के लिए वैवाहिक विज्ञापनों द्वारा सुयोग्य वर-वधु तलाश करने में भी महत्त्वपूर्ण कड़ी निभा रही है। सूद संदेश को और बेहतर, सुरुचिपूर्ण तथा ज्यादा उपयोगी बनाने के लिए हमें आपके बहुमूल्य सुझावों, आपकी प्रतिक्रियाओं तथा अन्य विचारों का इंतजार रहेगा।

हमारे दिग्गजों, पूर्वजों एवं गणमान्य व्यक्तियों द्वारा सूद सभा की नींव रखी गई है और उनके अथक प्रयासों से हम वर्तमान में उल्लेखनीय मुकाम पर हैं। हमारा परम कर्तव्य है कि हम उनके पदचिह्नों पर चलते हुए जनहित में अपनी भूमिका को समझते हुये सूद बिरादरी के उत्थान में बढ़-चढ़ कर हिस्सा लें और अपने साथी मित्रों, परिवारजनों एवं भावी पीढ़ी को जागरूक और प्रेरित करें ताकि सूद संगठन की आधारशिला और मजबूत हो।

Sarvdeshik Sood Sabha

Sarvdeshik Sood Sabha has been the apex body of Sood Biradari for more than 142 years. From the available records, first conference of Sarvdeshik was held in the year 1881 at Ludhiana and thereafter at Lahore in 1882. The main objective of this conference was to strengthen the bond of brotherhood and to widen the sphere of Sood Sabhas at various places around the world with the motive "आओ साथ बढ़ें" was taken.



Umesh Sood
General Secretary

Sarvdeshik Sood Sabha remained inactive for a long period but over by late Sh. Bipin Chand Sood (my elder brother) during the year 1986, under his leadership the Sarvdeshik started gearing up and in the process, one conference was held at Shimla on 20th June 2004. In the conference discussions were held on various issues. Stress was given on mobilizing the brethren, revival of defunct Sabhas and to raise funds for the upliftment of poor and needy.

Shri Bipin ji left for his Heavenly abode in the year 2017, Shri Shashi Bhushan Sud of Chandigarh Sood Sabha took over as the President of Sarvdeshik with a team of Shri Umesh Sood, as General Secretary and Sh. Ashwani Sood as Secretary (Finance). During this period, we rehabilitated various Sood Sabhas namely New Delhi, Solan, Patiala, Kalka, Parwanoo, Pathankot etc and assisted in forming new Sood Sabhas at Palampur, Rajpura, Rampur and Kullu. Now these Sabhas are performing extremely well. During this period two conferences were also held one on 25th March 2018 and the other on 30th October, 2022 which were attended by the heads of Sabhas and respected dignitaries of our Biradari. These two conferences were considered to be outstandingly well organized and applauded by one and all.

Due to family commitments, Sh. Shashi Bhushan Sud withdrew and a new team was formed under the Presidentship of Sh. Brij Krishan Sood of Chandigarh. But due to his deteriorating health, Sh. Brij Krishan Sood left for his Heavenly abode on 16th Feb. 2024. Thereafter Sh. Ashwani Doegar of Chandigarh became the President with Sh. Umesh Sood as General Secretary and Sh. Kapil Goel as Finance Secretary.

We are confident that the new team will also take the Sarvdeshik to new heights and will bring more & more Sood families and Sabhas under the purview of Sarvdeshik Sood Sabha.

The next Conference of Sarvdeshik will be held on 10th November 2024 (Sunday) at Sood Bhawan Sector-44A, Chandigarh. I, on behalf of Sarvdeshik Sood Sabha extend an invitation to all the Presidents and General Secretaries of all the Sood Sabhas from India & abroad, to make it convenient to attend the conference.

With warm regards

Karnataka State Police Force in Sood Bhawan



सूद सभा चंडीगढ़ द्वारा लोकसभा के महापर्व, चुनाव 2024 के लिए सामाजिक दायित्व में अपनी भूमिका निभाते हुए मतदान के दौरान ड्यूटी हेतु कर्नाटक स्टेट रिजर्व पुलिस फोर्स के 90 अधिकारियों/ जवानों के सूद भवन पंचकुला में 4 दिन रहने की निशुल्क व्यवस्था की गई। ड्यूटी समापन उपरांत सूद भवन से जाते समय इन अधिकारियों और जवानों ने सूद सभा की मैनेजमेंट का परम आभार प्रकट किया और विशेष रूप से सूद भवन की व्यवस्थाओं के बारे प्रशंसा करते हुए कहा की इससे पूर्व भी उनकी ड्यूटी के दौरान वे कई राज्यों व प्रदेशों में इस प्रकार रुके हैं पर यहां की व्यवस्था अति उत्तम एवम सुविधाजनक थी।

Congratulations



Ms Aishani Sood daughter of Dr. Ruchi & Sh. Pardeep Sood for securing 95.6% marks (Non-Medical) in 12th CBSE examination for Session 2023-2024.



Master Aditya Sood son of Smt. Namarta & Sh. Munish Sood for securing 92% marks (Non-Medical) in 12th CBSE examination for Session 2023-2024.



Ms. Avishi Sood daughter of Dr. Ruchi & Sh. Pardeep Sood for securing 97.2% marks (Non-Medical) in 10th CBSE examination for Session 2023-2024.



Divay Sud S/o Smt. Rupam Sud & Sh. Kapil Sud of Panchkula secured 98.4% marks in 10th CBSE for Session 2023-2024.

Sh. Tanmaya Sood & Smt. Megha Sood son & daughter in law of Sh. Sanjay Kumar Sood & Smt. Sureshtha Sood of Chandigarh are blessed with a baby boy 'Krishav' on 23.1.2024. Sh. Tanmaya Sood is nephew of Sh. Atul Sood, Secretary Sood Sabha Chandigarh.



Master Savir S/o Dr. Ankur Sood and Dr. Tanvi Sood claimed the top rank in the U-15 Asian Junior Rankings. The Rankings were released by the Asian Squash Federation.



Ms. Bhavika Sood daughter of Smt. Nitasha & Sh. Sumit Sood bagged the 3rd position in Punjab State Women Chess Championship 2024, under 9 category.



Together-We Achieve More

Sincerity, honesty, transparency and hard work are the main tools for the success of any organization. Sood Sabha, has always nourished ethical values which have led to the community as a whole so as the traditions of Sood Biradari are well maintained, Sood Sabha has undertake multifarious activities for the upliftment of the poor and needy. The credit for the exemplary performance goes to all the members who actively associate themselves with dedication and do their best to bring glory to the Sabha. The aim of Sood Sabha is to render excellent services to the mankind. In fulfilling our commitment, apart from regular activities viz: helping poor & needy ladies of the Biradari by providing monthly assistance. In addition, we have established Physiotherapy centres and Pathological labs, services of qualified doctors at both the Bhawans at Chandigarh and Panchkula, arranging of monthly langars preferably in and around local hospitals, tree plantation, blood donation camps and health awareness talks, distribution of educational material to the needy students in various schools of tricity are our routine ongoing activities. Apart from this, financial assistance is given to the sick and poor students, who excel but are helpless in continue their studies.



Sh. Sudhir Sood

We are proud that our community always looks beyond the narrow barriers and always remain committed in the service of humanity ignoring cast & creed. Our forefathers are known for the generosity, benevolence and commitment towards society. We too are committed to follow the traditions set by them and promise to take Sood Sabhas/Biradari to the new heights.

अच्छी थी पगडंडी अपनी



Sh. Atul Sood

अच्छी थी, पगडंडी अपनी । बंद हो गई, चिट्ठी, पत्री ।
सड़कों पर तो, जाम बहुत है ।। फोनों पर, पैगाम बहुत है ।।
फुर्र हो गई फुर्सत, अब तो । आदी हैं, ए.सी. के इतने ।
सबके पास, काम बहुत है ।। कहते बाहर, गर्मी बहुत है ।।
नहीं जरूरत, बूढ़ों की अब । झुक्के-झुक्के, स्कूली बच्चे ।
हर बच्चा, बुद्धिमान बहुत है ।। बस्तों में, सामान बहुत है ।।
उजड़ गए, सब बाग बगीचे । नहीं बचे, कोई रिश्तेदार ।
दो गमलों में, शान बहुत है ।। अकड़ का, एहसास बहुत है ।।
मट्ठा, दही, नहीं खाते हैं । सुविधाओं का, ढेर लगा है ।
कहते हैं, जुकाम बहुत है ।। पर इंसान, परेशान बहुत है ।।
पीते हैं, जब चाय, तब कहीं ।
कहते हैं, आराम बहुत है ।।

❖ Donations ❖

1. Mr. Virender Sood, MS Flour Mill of Kullu has promised to donate Mini Fridges in all the 34 rooms of Sood Bhawan, Chandigarh, out of which 12 have already been installed.
2. Mr. Aditya Sood S/o Sh. Ashwani Sood, President, Sood Sabha, Chandigarh has donated Water Cooler which has been installed at Sood Bhawan, Panchkula.
3. Smt. Lata Sood wife of Late Sh. Ram Krishan Sood of Shimla has donated Water Cooler which has been installed at Sood Bhawan, Chandigarh.
4. Sood Sabha, Chandigarh is thankful to Hon'ble Justice Arun Goel (Retd.) to the contribution for the welfare of Biradari.

SOOD SABHA CHANDIGARH IS THANKFUL FOR YOUR KINDNESS AND GENEROSITY

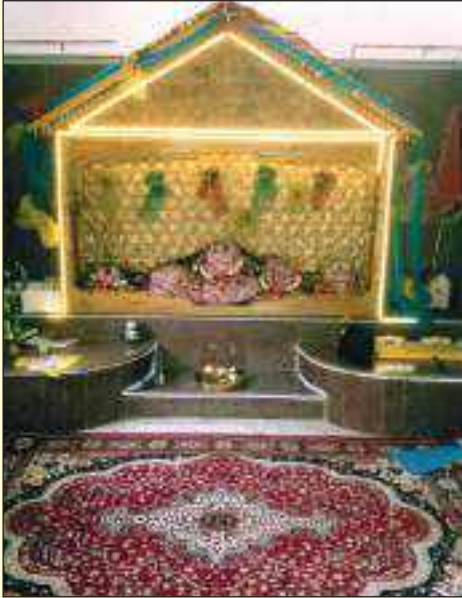
सूद (मेहदूदिया) जठेरी का इतिहास



नवीन सूद
महासचिव, सूद मेहदूदिया
जठेरी परिवार।

मेहदूदिया, जैसा कि माना जाता है कि वे मेहदूदगढ़ (हिमाचल और पंजाब सीमा पर जेजो के पास) से संबंधित थे, जहां से यह कहा जाता है और माना जाता है कि वे गंभीर अकाल (सूखा) या कोई भयंकर बीमारी फैलने के बाद हिमाचल प्रदेश और पंजाब के विभिन्न हिस्सों में चले गए थे। इस जगह की कहानी उतनी ही पुरानी है जितने की हम हैं! कहानी इस तरह की है! ऐसा कहा जाता है कि बहुत पहले एक मेहदूदिया लड़का, जो देसी घी का व्यापारी था, अपने पालतू कुत्ते के साथ अपने व्यवसाय के सिलसिले में (हिमाचल इन दिनों और पंजाब के पुराने दिनों) के दूरदराज के गांवों में जाता था। मेहदूदिया परिवार के इस लड़के की सगाई मेहदूदगढ़ से सटे गांव सुलहेर के सुलेरहिया परिवार की एक सुन्दर युवती से हुई थी। ऐसे ही एक अवसर पर जब वह घने जंगल से

होते हुए अपने गंतव्य तक पहुंच रहा था, तो वर्तमान गांव बल खालसा के पास वह एक जंगली जानवर का शिकार हो गया जिसने उसे इस स्थान पर मार डाला।



अपने मालिक की स्थिति को देखकर, यह माना जाता है कि कुत्ता जो साथ था, जंगली जानवर के खिलाफ असहाय था, और मदद पाने के लिए घर वापस भाग गया। जब तक इस लड़के के परिजन जंगल पहुंचे, तब तक बहुत देर हो चुकी थी। उस जगह पर कुछ हड्डियों, मांस के टुकड़े और फटे कपड़ों के अलावा कुछ भी नहीं मिला। लड़के की दुखद मौत सुनकर, लड़की शरीर के नश्वर अवशेषों का अंतिम संस्कार कराने के लिए लड़के के पुरोहित परिवार के पास गई, लेकिन पुरोहित ने लड़की को अंतिम संस्कार करने से मना कर दिया। लड़की की आंखों में आंसू थे और उसने खुद को 'सती' के रूप में पेश करने का फैसला किया और पुरोहित और उसके परिवार के सदस्यों को श्राप दिया कि वे व उसके

परिवार के सदस्य सती स्थल पर न जाएं, अगर वे जाएंगे, तो वे अंधे हो जाएंगे। इसलिए पुरोहितों को बाल खालसा में हमारे जठेरी स्थान पर जाने से प्रतिबंधित कर दिया गया। हालाँकि उसकी शादी उस आदमी से नहीं हुई थी, फिर भी वह एक पवित्र आत्मा होने के नाते पहले से ही इस आदमी को अपनी आत्मा के साथी के रूप में स्वीकार कर चुकी थी और रिश्ते के लिए समर्पित थी। ऐसा कहा जाता है कि उसने शरीर के नश्वर अवशेषों को एकत्र किया व चिता को बनाया गया तथा उस चिता को आग नहीं लगाई गई। यह आग उसकी प्रार्थना के कारण प्रकट हुई और इसने स्वयं चिता को जलाया। खोज दल के सभी सदस्य लौट आए लेकिन वफादार कुत्ता अपने मालिक की याद में, अपनी आखिरी सांस तक उसी जगह पर रह गया व उसने भी अपने प्राण वहाँ त्याग दिये। मंदिर परिसर के पास रहने वाले स्थानीय लोगों का कहना है की मेहदूदिया

परिवारों में होने वाली अच्छी या बुरी घटनाओं के अनुसार रात में एक महिला की आवाज को हंसते या रोते हुए सुना जा सकता है, कुछ ने यह भी स्वीकार किया है कि उन्होंने पहाड़ी से नीचे आने वाली आध्यात्मिक अलौकिक रोशनी को देखा है, जो मंदिर में आ कर अदृश्य हो जाती है। तब से उनकी याद में जठेरी मंदिर और कुत्ते की याद में 'दरवेश मंदिर' का निर्माण किया गया है और हम सभी अपने 'जठेरी' में प्रार्थना करते हैं और उनका आशीर्वाद मांगते हैं। मेहदूदिया परिवार का हर सदस्य (अविवाहित लड़कियों को छोड़कर) जठेरी की पूजा कर सकता है क्योंकि हमारी जठेरी अविवाहित थी। सभी मेहदूदिया परिवारों से अनुरोध किया जाता है कि कृपया उन्हें (सुआहागी और लाल सूट/चुन्नी, व लाल सिंदूर) न चढ़ाये क्योंकि हमारी जठेरी अविवाहित थी। हर साल फरवरी के दूसरे रविवार को हवन, पूजा और भंडारे का आयोजन किया जाता है, जिसमें देश भर से बड़ी संख्या में मेहदूदिया परिवार शामिल होते हैं। मान्यता है कि हिंदू ज्येष्ठ मास के कृष्ण पक्ष के पहले बुधवार को हमारी जठेरी सती हुई थी। इस वर्ष से जठेरी ट्रस्ट के प्रबंधन ने हर साल ज्येष्ठ महीने के पहले बुधवार को पूजा, हवन और छोटे भंडारे का आयोजन करके इसे 'सती दिवस' मनाने का फैसला किया है।

जठेरी माता हमारे संबंधों को पवित्र और मजबूत रखने के लिए, हम पर अपना आशीर्वाद बनाये रखे व हमें अपने से बड़ों का सम्मान करने और अपने से छोटे को प्यार करने का आशीर्वाद दें। हमें अच्छा स्वास्थ्य, धन धान्य और समृद्धि दें व अपनी कृपा हमेशा हम सब पर बनाये रखे।

जय जठेरी देवी।

नई सूद सभा ज्वालामुखी का गठन

आप सब को सूचित किया जाता है कि सार्वदेशिक सूद सभा, चंडीगढ़ के पदाधिकारियों के अथक और निष्ठापूर्वक प्रयासों से दिनांक 26 मई, 2024 को ज्वालामुखी, हिमाचल प्रदेश में नई सूद सभा का गठन हो गया है और शीघ्र ही ये नई सभा रजिस्टर्ड हो रही है। सभा के संचालन क्षेत्र के अंतर्गत देहरा कुंडिया, टिहरी कोहला, वोहन भट्टी क्षेत्र भी आयेंगे। सर्वसम्मति से सभा के पदाधिकारी निम्नानुसार है:

सर्वश्री

1. केशवसूद, अध्यक्ष
2. ऋषिसूद, उपाध्यक्ष
3. सुनीलसूद, महासचिव
4. विवेकसूद, कोषाध्यक्ष



Matrimonials

IMPORTANT :-

For Matrimonial Adv. in Sood Sandesh/Website : Rs. 100/-

Amount can be deposited in any branch of Union Bank Of India, in “**Sood Sabha Chandigarh**”

Account number : 499602010001921 IFSC Code : UBIN0549967 or send demand draft drawn in favour of “**Sood Sabha Chandigarh**”.

To enable us to serve you better, please note the following:-

- (1) The advertisement is published in two consecutive issues only. Please contact the concerned party directly.
- (2) As and when a match is settled, please inform us immediately so that the advertisement is withdrawn.

ADVICE : These matrimonials are published on the basis of information given by the families of the boy/girl. Please make necessary enquiries before settling the alliance. Sood Sabha does not take any responsibility regarding correctness of the particulars.

Brides Wanted

7755 – Suitable match for Sood (Karol) boy. DOB: 03/01/1993. Ht. 5'10". B. Tech (ECE) from Punjab University. Sr. Software Engineer. Monthly Income Rs. 1.25 lakh. 9013568425, 9968316606

7756 – Suitable match for Sood Chimra (Kashyap)boy. DOB:19.12.1992(Shimla). Ht.5'8". B.Sc in Hotel Management. At present working as Front Office Associate in Himachal Tourism. Family settled in Shimla. Monthly Income above 1lac from salary and rental. 9459129933, 9418002752.

7757 – Suitable match for Sood boy. DOB: 13th July 1992 (06:24am, Jagadhry, Haryana). Ht. 5'5". B.Sc in Nautical Science. 2nd Officer in the Merchant Navy. Monthly Income Rs. 1,50,000/- . 9896747549

7758 – Suitable match for Sood boy. DOB: 01/03/1991 (00:35am, Jagadhri, Haryana). Ht. 5'6". B.Com. Working in MNC Noida. Monthly Income Rs. 40000/- . 9896747549

7759 – Suitable match for Sood boy. DOB: 08/02/1995. Ht. 5'10". B. Tech (Chemical Engineering specialization in Petrochemicals). Data Science Advance Programme. Serving in MNC at Pune. Salary 25-30 Lakh annually. Domicile of Himachal. Family settled in Zirakpur. 7087785079

7760 – Suitable match for Sood (Balas) boy. DOB: 03/07/1992. Ht. 5'9". Bachelor Architecture. Senior Architect. Working in Delhi at Green Park. Preference for a Delhi based working girl. 9915889401

7761 – SSuitable match for Sood (divorcee) boy. Age 32 years. Ht. 5'10". B. Tech. Manager in Govt. Bank. Monthly Salary Rs. 1.10 Lakh. 7986634009.

7762 – Suitable match for Sood (Makora) boy. DOB: 08/10/1994. (03:16pm, Chandigarh). Ht. 6'. MBA Finance. Working in USA based company as Manager. Income Rs. 10 Lakh + good incentives and simultaneously running own Logistic Company at Mohali with business from USA. 9815645566. sksood3101@gmail.com

7763 – Suitable match for Sood boy. DOB: 19/10/1994. Ht. 5'7". MBA in Pharmaceutical. Working in MNC company. Income Rs. 12 Lakh per annum. 9855621245

7764 – Suitable match for Sood (Ugal) boy. DOB: 03/01/1989. Ht. 5'7". BCA. Working in Amar Hospital Patiala. Monthly income Rs. 45000/-. 9888723323

7765 – Suitable match for Sood (Nehra) boy. DOB: 08/03/1993. Ht. 5'9". B. Tech. Income Rs. 7.20 Lakh per annum. 9814861222

7766 – Suitable match for Sood (Gajri) boy. DOB: 23/12/1995. Ht. 5'7". MBBS., MS (General Surgery) JR-2. JR at GMC & RH Patiala. Preference for MD/MS Doctor. 8894311065

7767 – Suitable match for Sood (Phassi) boy. DOB: 16/12/1986. Ht. 5'10". B.Com. Working in printing press. Monthly income Rs. 70,000/-. 9888316049

7768 – Suitable match for Sood (Daddan) boy. DOB: 03/09/1998. Ht. 6'. B.E in Computer Science. Family business of Tyers/Alloys. 9814514498, 9814514498

7769 – Suitable match for Sood boy. DOB: 11/04/1996. Ht. 5'8". B. Tech., MBA. Working in Delhi. 9872416366

7770 – Suitable match for Sood (Jadi) boy. DOB: 08/02/1993. Ht. 5'10". B. Tech. Monthly income Rs. 4,00,000. Boy settled in Canada in Brampton. Preference for girl who can settle in Canada. 9814685786, 9814885786

7771 – Suitable match for Sood (Chimra) boy. DOB: 26/09/1991. Ht. 5'9". MBA. Working in Bangalore. Monthly income Rs. 1.25 Lakh. Preference for B.Tech., MBA, MCA match. 7018684124, 9816110624

7772 – Suitable match for Sood (Beri) boy. DOB: 18/05/1995. Ht. 5'10". +2 Pass. International Kabaddi player. Work permit holder in Newzeland. Monthly income Rs. 50000/-. 9815116020, 8847037464.

7773 – Suitable match for Sood (Galab) boy. DOB: 07/03/1994. Ht. 5'10". MS (Telecom Eng.), B. Tech (ESC). Settled in USA. 8360831307

7774 – Suitable match for Sood (Kuthiala) boy. DOB: 05/06/1994. Ht. 5'3". B. Com. Own Business. 9816967666, 9857330600.

7775 – Suitable match for Sood (Gondal) boy (Manglik). DOB: 15/07/1993. Ht. 5'10". BBA. Prop. of Plywood shop at Dehradun. 9756909348

7776 – Suitable match for Sood (Bhoil) boy. DOB: 16/08/1994. Ht. 5'8". MBA. Asst. Manager NIIT Gurgaon. Monthly income Rs. 70,000/-. 9417295306

7777 – Suitable match for Sood boy. DOB: 03/10/1989. Ht. 5'8". B. Tech. Managing his own marriage palace. 9855553466, 7009495869

7778 – Suitable match for Sood boy. DOB: 18/03/1995. Ht. 5'10". MBA. 9467813130.

7779 – Suitable match for Sood boy. DOB: 25/02/2000. Ht. 5'11". Post Graduate in Automobiles. Settled in Australia. 9127766478

7780 – Suitable match for Sood (Dhoop) boy. DOB: 13/11/1994. Ht. 6'. B. Com., CA inter, ACCA pursuing. Assistant Manager- Audit. Monthly income Rs. 1,25,000/-. 9467671157

7781 – Suitable match for Sood (Dosaj) boy. DOB: 10/11/1990. Ht. 5'7". Completed Law from Punjab University. Practicing in District Court Ludhiana. Monthly Income Rs. 45000/-. 9888954465

7782 – Suitable match for Sood boy. DOB: 05/08/1995. Ht. 5'8". Master's in M.Sc. Working as an FA in Swol Company/MNC, VPL Company. 9463087553

7783 – Suitable match for Sood (Gopal) boy. DOB: 27/12/1996. Ht. 5'11". M. Com. Business. 9888390262

7785 – Suitable match for Sood (Dadan) boy. DOB: 25/10/1995. Ht. 5'9". B. Tech. Officer in (RBC) bank of Canada. Monthly Income Rs. 2.5 lakhs. 9646047302

7786 – Suitable match for Sood (Gondal) boy. DOB: 10/08/1996. Ht. 6'-1/2". B. Tech. in mechanical, MBA. Manager. Annual income Rs. 31 lakh. 9815832837

7787 – Suitable match for Sood (Berry) boy. DOB: 10/11/1993. Ht. 5'8". Master's Degree from Canada. Presently working in Rio-Tinto, Canada. Annual Income \$ 100000. 9417261066

7788 – Suitable match for Sood (Dhanda) boy. DOB: 29/10/1981. Ht. 5'8". Matriculation. Income in 6 figures. 9356609944

7789 – Suitable match for Sood (Aeil) boy. DOB: 24/09/1986. Ht. 5'11". MBA in Retail, B. Com. Own business (Shop). Monthly Income Rs. 1 lakh. 9501555991.

7790 – Suitable match for Sood (Dhup) boy. DOB: 18/03/1994. Ht. 5'11". B. Tech. Digital Marketing Manager. Monthly Income Rs. 3 lakh. 9771433935, 8168507874

7791 – Suitable match for Sood (Dhiri) boy. DOB: 28/04/1993. Ht. 5'7". B. Tech., MS Computer Science. Software Engineer in USA. Salary 110k USD. Canadian PR in progress. 8146188479

7792 – Suitable match for Sood (Beri) boy. DOB: 20/10/1996. Ht. 5'6". B.Com. Working as an Accountant. Monthly Income Rs. 30000/-. 9781731352, 9915526638

7793 – Suitable match for Sood (Gagal) boy. DOB: 14/02/1991. Ht. 5'7". B. Com., M. Com. Team lead (USA MNC (Greystar Pvt. Ltd.)). Monthly Income Rs. 1 lakh. 9818848610

7794 – Suitable match for Sood (Bajwaria) boy. DOB: 08/06/1993. Ht. 5'10". MSC IT. Working in MNC, Noida. Monthly income Rs. 90000/- 8591745505

7795 – Suitable match for Sood (Dadan) boy. DOB: 10/08/1991. Ht. 6'. B. Tech., M. Tech. DGM in Noida. 8837533882, 9988031848

7796 – Suitable match for Sood (Padhak) boy. DOB: 30/11/1986. Ht. 5'9". B.A., LLB. Businessman. 9592301110, 9814364167

7797 – Suitable match for Sood divorcee (Gol) boy. DOB: 09/12/1991 (8:30pm, Ambala). Ht. 5'11". B. Tech., MBA. Govt. Job as an Account Clerk. Monthly Income Rs. 65000/-. 8194980161, 9815063218

7798 – Suitable match for Sood (Mayar) boy. DOB: 16/12/1997. Ht. 5'11". MBA, MCA. Oracle Certified. Working in MNC, UK. 9876190819, 9915555670.

7799 – Suitable match for Sood (Galav) boy. DOB: 26/07/1988. Ht. 5'9". DBA (Hons.). Self Employed. 9815390677, 01724045677

7800 – Suitable match for Sood (Dhooki) boy. DOB: 05/07/1992. Ht. 5'9". Post Graduate Diploma from Centennial College Canada. Project coordinator. Monthly income 6000 dollars. 9999311770

7801 – Suitable match for Sood (Dhookhi) boy. DOB: 12/11/1989. Ht. 5'4". Post Graduate (M.com., LLB). Team lead in Johes Lang Lasalle (JLL). Monthly income Rs. 70000/- . 9999311770

7802 – Suitable match for Sood boy. DOB: 01/05/1988. Ht. 5'8". BHM from Bangalore. Canadian PR. Assistant manager in British Columbia. Currently working as Restaurant Assistant Manager in Canada. 8894595359, 9501094468

7803 – Suitable match for Sood boy. DOB: 09/05/1991. Ht. 6". BSC in Non-Medical, PGDM. Govt. Employ in Chandigarh Administration. 8894595359, 9501094468

7804 – Suitable match for Sood boy. DOB: 16/09/1993 (6:35 a.m., Phagwara). Ht. 5'11". Well settled Canadian boy. 9876376640.

7805 – Suitable match for Sood (Goyal) Boy. DOB: 04/01/1992(02:00 AM-Dharmshala). Ht. 5'8". Qualification BCA from HPU shimla. Working as a Senior Engineer in US based company in Gurgaon, Hybrid work mode. Basically, from Himachal. Annual income Rs.- 10.5 LPA. +91 8291856139.

7806 – Suitable match for Sood (Kashyap) boy. DOB: 17/06/1992. Ht. 5'7". MBA. Deputy Manager in Private Bank, Panchkula. Monthly income Rs. 50000/- Preference for employed, Himachal belonged to a family girl. Preference for Chandigarh or nearby Panchkula. 9418842755, 9736740232

7807 – Suitable match for Sood boy. DOB: 09/02/1993 (7:00pm, Shimla). Ht. 5'11". B. Com, MBA. Working with MNC at Chandigarh. Annual income Rs. 17 Lakh. Family from Palampur, Himachal Pradesh. 9418633005

7808 – Suitable match for Sood (Bhakaye) boy. DOB: 18th December 1995. Ht. 5'11 ". Accounting Graduate from Brisbane, Australia. Australian Permanent Resident. Self Employed. 9417008972, 9815114141.

7809 – Suitable match for Sood (Gajari) boy. DOB: 02/10/1993 (6:45am, Jalandhar). Ht. 5'11". B. Tech (Mech.). Manager in Mercedes Benz India Pvt. Ltd. (Pune). Monthly Income Rs. 1,66,000/-. Preference for working girl. 7498950009, 8146089097

7810 – Suitable match for Sood (Bajwadia) boy. DOB: 23/08/1994 (5:15pm, Palampur, H.P.). Ht. 5'9". B. Tech in Electronics and Communication Engineering. Working as Senior Multimedia Designer in a Bangalore based company (working from home at Palampur). Annual Income Rs. 13.5 Lakh. Preference for a working girl. +91 8219589001.

7811 – Suitable match for divorcee Sood (Phakaa) boy. DOB: 30/09/1991 (4:03pm, Faridabad). Ht. 5'10". BBA (Marketing), MBA(Marketing). Associate Manager, Marketing Communication at SMS Group (German MNC). Income Rs. 17 lakh per annum. 9212226226, 9213136868

7812 – Suitable match for (Dosaj) boy. DOB: 14/05/1986 (Tarn Taran, Punjab). Ht. 5'10".10 +2. Diploma in Hardware Networking. Own business of Gold and Silver. 9780956191

7813 – Suitable match for Sood (Mahindra) boy. DOB: 23/11/1994. Ht. 5'8". Graduation from Punjab University. Diploma in teaching. Teacher in Pb. Govt. Ex. Service in Govt. Bank at Chandigarh. Monthly income Rs. 45000/-. 9417333829

7814 – Suitable match for Sood (Chabb) boy. DOB: 16/02/1991 (7:37pm, Chandigarh). B. Tech Mechanical Engineering. Settled in Australia. Annual package 30-40 lakh. 6351839734

7815 – Suitable match for Sood (Kuthiala) boy. DOB: 21/11/1990 (New Delhi). Ht. 174cm. MCA. Working in Zee Media Corporation Limited as Sr. Engineer Broadcast IT at Noida. Presently living in Noida. Preference for girl from Himachali family. 9999500998, 8376839383

7816 – Suitable match for Sood (Dogar) boy. DOB: 01/05/1995(10:22pm, Palampur). B. Tech. IT from HPU, FIII. Assistant Administrative office (Audit) in Life Insurance Corporation of India. Currently posting at New Delhi. Preference for Himachali girl. 8278838439

7817 – Suitable match for Sood (Kuthiala) boy. DOB: 20/10/1970(9:58am, Devlali Distt. Nasik Maharashtra). Ht. 5'7". Well established in his own real estate business. Suitable lady unmarried/widow without children may contact. 9811660251

7818 – Suitable match for Sood Chimra (Kashyap) boy. DOB: 02/10/1993(6:45pm, Shimla). Ht. 6'1". B. Tech (EIE). Technical Business Analyst. 8219861294

7819 – Suitable match for Sood (Pakae) boy. DOB: 29/12/1992 (2:00am, Kalka, Haryana). Ht. 5'11". Bachelors of Business Administration (final year dropped). Stock broker with a Financial firm in Dubai, UAE. 9872120056, 8360424714

7820 – Suitable match for Sood (Dhiri) boy. DOB: 11/05/1993 (7:30pm, Gurgaon). Ht. 5'9". Graduation in Financial Planning and Professional Accounting from Seneca College Canada. Bachelor's in commerce from Delhi University. Working in a renowned Bank in Canada. 9911548746, 9911178746

7821 – Suitable match for Sood boy. DOB: 6/05/1989 (6:10am). Ht. 5'10". B. Tech (Mechanical). Assistant Manager in Ludhiana based reputed Company. 8219990477, 9418790848

7822 – Suitable match for Sood boy. DOB: 8/07/1991 (12:02am). Ht. 5'11". B. Tech. Own business of water solutions in home town. Preference for Himachali working girl. 8219990477, 9418790848

7823 – Suitable match for Sood (Chimra) boy. DOB: 25/05/1994. (4:50pm, Delhi). Ht. 5'5". B.Tech. Working as Cloud Application Engineer in MNC. Living in Panchkula, Haryana. Preference for Himachali Sood girl. 7888941385, 8146322832.

7824 – Suitable match for Sood (Jindal) teetotaller boy. DOB: 11/10/1998 (07:09am). Ht. 5'9". B. Tech in Computer Science from reputed institute. Working in Bangalore as Software Engineer in a Niche Tech Company. 9419097084, 8825002177

7825 – Suitable match for Sood (Berl) boy. DOB: 28/04/1995 (8:40am). Ht. 5'9". B. Tech (IT) and MBA Finance from NMIMS Mumbai. Currently working at Klarna Stockholm Sweden. Family based at Lucknow. 9415010946, avianshood@gmail.com

7826 – Suitable match for Sood (Uggal) boy. DOB: 30/07/1995. Ht. 5'10". M. Pharma from Punjab University. Working in MNC Pharma Company at Gurgaon. Monthly Income Rs. 125000/-. Wanted working girl. 8847371903

7827 – Suitable match for Sood (Mehdudia) boy. DOB: 27/09/1990(12:34am, Shimla, HP). Ht. 6'0". B. Tech IT. Presently working in MNC in Chandigarh. Monthly income Rs. 1,00,000. Preference for Himachali working Girl. 7018313164, 9418495495

7828 – Suitable match for Sood (Kashyap) boy. DOB: 26/01/1996 (7:10am, Shimla). Ht. 5'7". J IIT from Noida, UP. Sr. Software Engineer. Annual income Rs. 25 lakhs. 7018816843, 8894125885

7829 – Suitable match for Sood (Salhan) boy. DOB: 21/01/1991. Ht. 5'7". B.Sc. IT. Own Business. 9417260360, 9517000398.

7830 – Suitable match for Sood (Gajri) boy. DOB: 22/09/1995 (10:00am). Ht. 5'6". M.Sc. Business (Agriculture Sprayer & Pesticides Spare parts). Monthly income Rs. 50000/-. 7814367656, 8528774019.

7831 – Suitable match for Sood (Banta) boy. DOB: 17/03/1993(01:55am, Jagadhari, HR). Ht. 5'9". B. Tech. Working as a Tech. Lead. in US based MNC. 8059281072

7832 – Suitable match for Sood (Bandle) boy. DOB: 16/04/1996 (01:15am, Dharamshala). Ht. 5'11". B. Tech, Mechanical. Assistant Manager- Production (Godfrey Philips India Limited). 9816045033

7833 – Suitable match for Sood (Gopal) boy. DOB: 19/08/1984. Ht. 5'9". 12th pass. Own Business (Readymade). Monthly income Rs. 50,000/-. 8360462652, 6283908004

7834 – Suitable match for Sood (Gol) boy. DOB: 18/01/1995 (02:07am, Pathankot). 5'7". MBA in Finance and Marketing. Working in HDFC Bank as PB authorizer. Annual income Rs. 5 lakhs. 9417362305, 9988062305

7835 – Suitable match for Sood (Bhakai) boy. DOB: 01/04/1992(9:25am). Ht. 5'11". Bachelor in Journalism & Mass Communication. Executive Producer. Annual income Rs. 2 lakhs. Family settled in Delhi/Noida. 9211105700, 9915008716

7836 – Suitable match for Sood (Bhoil) boy. DOB: 21/09/1997. Ht. 5'5". B. Tech (Marine Engg). Marine Engineer (Nyklines Singapore). 9816688488, 9418888488

7837 – Suitable match for Sood (Gagal) Anshik Manglik boy. DOB: 21/02/1995 (3:58pm, Palampur). Ht. 5'11". Bachelors of Mechanical Engineering (Hons.) from Deakin University Australia. Working as Design Engineer in Melbourne Australia. Waiting for PR. 9816321256

7838 – Suitable match for Sood (Karol) boy. DOB: 19/12/1990 (Palampur). Ht. 5'10". BALLM Taxation Advisor at Palampur. 9418030806, 9816030807

7839 – Suitable match Sood for (Vadhu) Anshik Manglik boy. DOB: 6/06/1992. Ht. 5'7". B.A. Sales Manager. Monthly income Rs. 40,000/-. 8427741771, 9417357627

7840 – Suitable match for Sood (Phake) boy. DOB: 27/07/1996. M. Tech (Structural Engg.) from University of Manchester U.K. Own business of Builders and Developers. Chandigarh based family. 9988553311, drvksood44@gmail.com,

7841 – Suitable match for Sood (Mehdudia) boy. DOB: 06/12/1993. Ht. 5'11". B. Tech Electrical + Electronics. Chief Operating Officer. Annual Income Rs. 20 Lakh. 9815594541.

7842 – Suitable match for Sood (Makora) boy. DOB: 08/10/1994 (3:16pm, Chandigarh). Ht. 6'. MBA (Finance). Running his own USA based Pvt. Ltd. Logistics company in Mohali. Also working as Sr. Manager in Us-based company in Mohali and drawing 12 Lakh plus p.a. 9815645566, sksood3101@gmail.com.

7843 – Suitable match for Sood (Baagal) boy. DOB: 22/06/1993 (4:20pm, New Delhi). Ht. 5'10". B. Com. Honours from DU and PGDIB from Symbiosis Profession. Currently working as a Manager in US MNC at Gurugram. Annual income Rs. 15 lakh. 9999782422

7844 – Suitable match for Punjabi Sood (Bandal) boy. DOB: 20/05/1990. (Hoshiarpur). Ht. 5'7". B. Tech (Hons.) and MBA. Working as Senior Software Engineer in US based MNC. Income 27 LPA. Vegetarian and Teetotaler. 9023234459, 9464931722

7845 – Suitable match for Sood (Mandal) boy. DOB: 01/03/1998. Ht. 5'11". D. Pharmacy. Own Chemist shop in Taran Taaran (PB). 9888978082

7846 – Suitable match for Sood (Salhan) boy. DOB: 01/02/1991. Ht. 5'8". B.A. Wholesale business of fruits & vegetables. Preference for non-manglik, working girl. 9814031442, 9855120812

7847 – Suitable match for Sood (Vasal) boy. DOB: 30/07/1990 (4:12am, Palampur). Ht. 5'5". B. Tech (IT) and M. Tech (CSE). Working as a Deputy Manager in VOIS Pune. Income 19 LPA. 9816119206, 9736223838

7848 – Suitable match Sood (Goyal) manglik boy. DOB: 13/10/1995 (7. 05pm., Delhi). Ht. 6'. B.C.A. from Maharaja Surajmal Institute of Technology, New Delhi. Advance Certificate in Digital Marketing from upgrades. Self-employed, Digital Marketing for Software companies. Annual Income Rs. 15 lakhs plus. 9990001063, 9868646400

7849 – suitable match Sood (Galav) boy. DOB: 16/02/1995. Ht. 170cm. B. Tech from HP University. Assistant Manager in HP, ARDB (HP Govt. Bank). Preference for a Sood girl. 9418527588

Grooms Wanted

3442 – Suitable match for Sood (Dosaj) girl. DOB: 3/3/1988. Ht. 5'2". B. Tech, M. Tech. working as Project Manager (IT). 7508064233

3443 – Suitable match for Sood (Dadan) girl. DOB: 9/11/1992. Ht. 5'5". B. Tech., M. Tech., PHD. Govt. Senior research officer. 9855259699, 8837533882

3444 – Suitable match for Sood girl. DOB: 30/10/1996. Ht. 5'2". MSC Zoology. B. Ed. Working as Science Lecturer in a reputed School. 9317771952

3445 – Suitable match for Sood (Jadi) girl. DOB: 29/12/1997. Ht. 5'3". M. Com. Accountant. 9803309313

3446 – Suitable match for Sood (Baurie) girl. DOB: 27/11/1990. Ht. 5'4". MBA Finance (U.S.A). Compliance Manager in U.S.A. Monthly income Rs. 50000/-. Boy should be settled in USA. 9316132545

3447 – Suitable match for Sood (Dosaj) girl. DOB: 31/10/1997. Ht. 5'4". M. Com., B.Lib & M. Lib. Librarian, Shivalik Public School Sector-41, Chd. Monthly Income Rs. 40000/-. 9876280650

3448 – Suitable match for Sood (Govil) girl. DOB: 30/05/1995. Ht. 5'3". B. Tech in Computer Science. Income Rs. 15 to 18 Lakh per annum. 9711459989

3449 – Suitable match for Sood (Gopal) girl. DOB: 09/02/1997. Ht. 5'4". B. Sc. with maths and Computer Science, B. ed. Teaching in School. 9815531686, 9988352526

3450 – Suitable match for Sood (Kasyap) girl. DOB: 08/08/1989. Ht. 5'8". B.A and Animation Diploma. Job in Tech. Mahindra Chandigarh. Annual Income Rs. 330502/- . 8360130654

3451 – Suitable match for Sood (Veervansh) girl. DOB: 25/09/1994. Ht. 5'4". M. Com, B. Ed. Relationship Manager (Foreign). Monthly Income Rs. 4 Lakh. 9780875763

3452 – Suitable match for Sood (Kuthiala) girl. DOB: 09/07/1995. Ht. 5'6". B. Com., MBA. Working in IT Company PKL. 8894918829, 9805411340

3453 – Suitable match for Sood (Mehdudia) girl. DOB: 29/12/1995. Ht. 5'6". C.A. Senior Consultant in E. Y (Big Four). Annual income Rs. 12 Lakh. 9418022971, 9876164556

3454 – Suitable match for Sood girl. DOB: 17/06/1999. Ht. 5'5". MSC Honours. Working in Akasit Institute Gurgaon, Haryana. Monthly income Rs. 50000/-. 9417143588

3455 – Suitable match for Sood (Ogal) girl. DOB: 01/02/1999. Ht. 5'3". Asst. Professor in Private College in Sirhind. Monthly Income Rs. 20000/-. 9464144380.

3456 – Suitable match for Sood girl. DOB: 09/11/1996(10:45am, Amritsar). Ht. 5'5". BSC Computer Science, PGDCA, MCA. Software Engineer in IT MNC. 8427634627.

3457 – Suitable match for Sood girl. DOB: 22/06/1994 (12:32am, Delhi). Ht. 5'. Working in Bangalore as IP professional since January 2023. Annual income Rs. 10 lakh. Family belongs to a village near Ambala, Haryana. 9810457046.

3458 – Suitable match for Sood girl. DOB: 13/09/1995 (9:30pm, Malout, Distt. Muktsar). Ht. 5'4". B. Tech (ECE) from Punjabi University Patiala. 9417419047, 9463507757.

3459 – Suitable match for Sood (Karol) girl. DOB: 2/06/1993(1:25am). Ht. 5'1". B. Com (Hons). Chartered Accountant at Gurugram. Income Rs. 25 lakhs per annum. 9816077396, 9218577396

3460 – Suitable match for Sood (Dosaj) girl. DOB: 26/04/1988 (Tarn Taran, Punjab). B.Sc. Medical, M.Sc. Chemistry, B.Ed. Working in private School. Preference for educated boy job or business. 9780956191

3461 – Suitable match for Sood (Ogal) girl. DOB: 01/02/1994. Ht. 5'6". MSc. Math. Asst. professor. Monthly Income Rs. 20000/-. 9464144380

3462 – Suitable match for Sood (Dhiri) girl. DOB: 27/11/1994. Ht. 170cm. M.Com. Working in Private Bank in Chandigarh. 9216033340, 0172-2707839

3463 – Suitable match for Sood (Ogal) girl. DOB: 17/06/1999 (1:57pm). Ht. 5'6". MSC Honours, Biotech 1st Division. Lecturer in Akash Inst. Gurugram (HR). 9417143588

3464 – Suitable match for Sood (Dogar) girl. DOB: 26/01/1996. B. Com. Company Secretary. Currently working in EY. Gurugram. 9817152782, 9218797852

3465 – Suitable match for Sood (Ogal) girl. DOB: 01/02/1994(3:35pm). Ht. 5'7". M. Sc. Math. Assistant Professor in private University. 9464144380

3466 – Suitable match for Sood (Badhu) girl. DOB: 03/06/2000. Ht. 5'3". B. Com (Hons.) MCM, DAV College Sec-36, Chd. M. Com from PU Chd. Govt. Employee at Haryana Vidhan Sabha, Chandigarh. Monthly Income Rs. 35000/-. 9878444411

3467 – Suitable match for Sood (Galav) girl. DOB: 02.05/2000. Ht. 155cm. B. Sc. Hospitality from Chitkara University. Cabin attendant in INDIGO Airlines. Preference for a Himachali Sood boy who is working and well settled. 9418527588

Distribution of Educational material by Sood Sabha Chandigarh



Financial Assistance provided to Financially challenged Meritorious students by Sood Sewa Bhawan Trust & Sood Sabha Chandigarh



Health talk organised by Sood Sabha Chandigarh in association with Fortis Hospital Mohali at Sood Bhawan Chandigarh & Panchkula



Dr. (Lt Col.) Harmandeep Singh Brar Consultant, Neuro & Spine Surgery.



Dr. Mandeep S. Dhillon, Director, Regeneration Medicine, Sports Medicine & Orthopedics.

Sood Sandesh